



RESULTS

Road Mile Men

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR	3:51.30	Elliot GILES	GBR 30	Düsseldorf (GER)	1 Sep 2024
World Leading WL	3:51.80	Robert FARKEN	GER 29	Copenhagen	19 Sep 2026
Area Record AR		National Record NR	Personal Best PB	Season Best SB	

19 September 2026 10:29 START TIME 15° C 88 %
TEMPERATURE HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT	
1	219	Robert FARKEN	GER 20 Sep 97	23	3:51.80	WL
2	369	Yared NUGUSE	USA 1 Jun 99	58	3:52.33	SB
3	265	Ruben QUERINJEAN	LUX 22 Dec 01	36	3:52.77	NR
4	272	Anass ESSAYI	MAR 18 May 01	37	3:53.28	PB
5	208	Flavien SZOT	FRA 6 Sep 01	20	3:53.44	NR
6	114	Oliver HOARE	AUS 29 Jan 97	2	3:53.65	AR
7	233	Pietro ARESE	ITA 8 Oct 99	28	3:54.37	PB
8	363	Vincent CIATTEI	USA 21 Jan 95	57	3:54.62	SB
9	119	Jude THOMAS	AUS 17 Mar 02	3	3:54.92	
10	324	Tshepo TSHITE	RSA 15 Jan 97	47	3:55.66	PB
11	211	Jake HEYWARD	GBR 26 Apr 99	22	3:55.76	PB
12	305	Samuel TANNER	NZL 24 Aug 00	44	3:56.01	NR
13	159	Foster MALLECK	CAN 12 Aug 01	10	3:56.55	PB
14	252	Brian KOMEN	KEN 10 Aug 98	31	3:56.61	PB
15	190	Martín SEGUROLA	ESP 1 Jul 03	15	3:56.92	PB
16	240	HONDA Ojiro	JPN 6 Apr 07	29	3:57.50	PB
17	286	Stefan NILLESSEN	NED 2 Jan 03	41	3:57.84	NR
18	227	Cathal DOYLE	IRL 12 Nov 97	27	3:58.40	
19	137	Ruben VERHEYDEN	BEL 22 Dec 00	4	3:58.47	NR
20	273	Fouad MESSAOUDI	MAR 7 Jan 01	38	3:58.77	PB
21	336	Žan RUDOLF	SLO 9 May 93	51	3:58.85	PB
22	276	Abraham ALVARADO	MEX 4 Aug 95	40	3:58.89	PB
23	292	Andreas FJELD HALVORSEN	NOR 14 Sep 05	43	3:59.42	PB
24	191	Rasmus KISEL	EST 21 Jul 96	16	3:59.77	NR
25	254	Kyumbe MUNGUTI	KEN 28 Feb 95	32	3:59.89 (.890)	PB
26	210	Archie DAVIS	GBR 16 Oct 98	21	3:59.89 (.893)	PB
27	335	Rok MARKELJ	SLO 14 Apr 00	50	3:59.97	PB
28	207	Romain MORNET	FRA 8 Nov 97	19	4:00.02	SB
29	172	Christoffer Frost JOHANSEN	DEN 14 Jan 97	13	4:00.84	PB
30	201	Santtu HEIKKINEN	FIN 12 Jun 02	18	4:01.73	SB
31	105	Pol MOYA	AND 9 Dec 96	1	4:01.91	PB
32	169	Gustav BENDSEN	DEN 29 Mar 03	12	4:02.07	PB
33	290	Moa Abounnachat BOLLERØD	NOR 2 Nov 01	42	4:02.63	PB
34	351	Silas CHEMUTAI	UGA 12 Jun 04	52	4:03.51	PB
35	321	Dumisani MOTLOUNG	RSA 7 Mar 05	46	4:04.21	PB
36	145	Guilherme KURTZ	BRA 27 Aug 94	5	4:04.55	SB
37	225	István SZÖGI	HUN 12 Sep 95	25	4:04.98	PB
38	168	Nino JAMBREŠIĆ	CRO 14 Jun 04	11	4:06.46	PB
39	354	Hosea KIPROP	UGA 10 Dec 05	53	4:07.22	PB
40	146	Andre Carlos SOUSA SALES	BRA 21 Apr 98	6	4:07.79	SB
41	226	Andrew COSCORAN	IRL 18 Jun 96	26	4:07.95	PB
42	358	Dmytrii NIKOLAICHUK	UKR 20 Mar 92	54	4:08.29	
43	154	Max DAVIES	CAN 19 Dec 03	9	4:08.56	PB
44	242	NAKANO Tomoki	JPN 16 Oct 02	30	4:09.17	PB



RESULTS

Road Mile Men

45	258	Roberts Aleksis GLAZERS	LAT	26 Nov 04	34	4:10.10	
46	264	Fidelio KLEIN	LUX	3 Jan 96	35	4:11.85	
47	181	Fitsum ABRHAM	ERI	1 Jan 05	14	4:13.48	PB
48	221	Georgios MATZARIDIS	GRE	31 Mar 02	24	4:13.70	PB
49	193	Sten ÜTSMÜTS	EST	20 Jul 94	17	4:14.49	PB
50	316	Carlos Alberto VILCHES	PUR	29 Oct 01	45	4:14.59	SB
51	148	Martin BALABANOV	BUL	27 Apr 02	8	4:15.26	PB
52	275	Ryan ADAMS	MEX	25 Jul 96	39	4:18.59	PB
53	360	Jairo MOREIRA	URU	7 Mar 95	56	4:19.68	PB
54	257	Nikita BOGDANOV	LAT	2 Dec 02	33	4:20.28	
55	359	Mauro DELGUE	URU	5 Jan 03	55	4:29.31	PB
56	147	Ivan ANDREEV	BUL	29 Jul 01	7	4:30.42	PB
57	330	Jacob TAN	SGP	12 Apr 05	49	4:41.73	PB
58	329	Oliver LIM TZE RONG	SGP	7 Feb 00	48	4:44.32	PB

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
3:51.30	Elliot GILES (GBR)	Düsseldorf (GER)	1 Sep 24	3:51.80	Robert FARKEN (GER)	Copenhagen	19 Sep
3:51.80	Robert FARKEN (GER)	Copenhagen	19 Sep 26	3:52.33	Yared NUGUSE (USA)	Copenhagen	19 Sep
3:51.90	Yared NUGUSE (USA)	Düsseldorf (GER)	1 Sep 24	3:52.77	Ruben QUERINJEAN (LUX)	Copenhagen	19 Sep
3:52.45	Emmanuel WANYONYI (KEN)	Herzogenaurach (GER)	26 Apr 25	3:52.83	Marco LANGON (USA)	Düsseldorf (GER)	6 Sep
3:52.77	Ruben QUERINJEAN (LUX)	Copenhagen	19 Sep 26	3:53.28	Anass ESSAYI (MAR)	Copenhagen	19 Sep
3:52.83	Marco LANGON (USA)	Düsseldorf (GER)	6 Sep 26	3:53.44	Flavien SZOT (FRA)	Copenhagen	19 Sep
3:53.28	Anass ESSAYI (MAR)	Copenhagen	19 Sep 26	3:53.65	Oliver HOARE (AUS)	Copenhagen	19 Sep
3:53.30	Edward CHESEREK (KEN)	Honolulu, HI (USA)	7 Dec 19	3:53.83	Adam SPENCER (AUS)	Düsseldorf (GER)	6 Sep
3:53.44	Flavien SZOT (FRA)	Copenhagen	19 Sep 26	3:54.12	Jude THOMAS (AUS)	Düsseldorf (GER)	6 Sep
3:53.65	Oliver HOARE (AUS)	Copenhagen	19 Sep 26	3:54.37	Pietro ARESE (ITA)	Copenhagen	19 Sep